

Living & Aging Well Expo

Sponsored By: City of Reidsville

- * Aging, Disability, & Transit Services
- * Avante of Reidsville
- * Carolina Apothecary
- * Carolina House & Eden Estates
- * Layne's Pharmacy
- * Advanced Homecare
- * Arbor Ridge at Eden
- * Bayada Nurses
- * Beltone
- * CareSouth
- * Doctor's Vision Center
- * The Hearing Clinic
- * Sexton Family Chiropractic
- * Whitt Insurance Agency

"Spring Into Action"

- Get Informed
- Get Involved
- Get Proactive
- Get Healthy



FREE HEALTH SCREENINGS

- Blood Pressure
- Balance / Fall Risk
- Cholesterol
- Glucose
- Hearing
- Muscle Strength
- Posture
- Vision



ENTERTAINMENT

- Bingo
- Line Dancing
- Singers
- Chair Aerobics



DOOR PRIZES



CAREGIVER RECOGNITION



FREE LUNCH

(To first 300 Seniors)

When: Saturday May 1st, 10:00 - 2:00

Where:



Corner of Scales Street
and Settle Street

* In event of bad weather, Expo will be held on May 8th.

* For Free Transportation, call Ph. 34 RCATS (347-2287)

Presented By: Rockingham County Service Providers